

August 2017

New Hope News



**NEW HOPE MORAVIAN
CHURCH**

2017 Watchword

Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" Jesus said to him, "*I am the way, and the truth, and the life. No one comes to the Father except through me.*" John 14:5-6

New Hope Moravian Church - 2897 Sandy Ford Road - Newton, North Carolina 28658 - 828-294-4802 – [website](#)

Moving Past...Fear, Worry, and Anxiety

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus." Philippians 4:6-7 (NLT)

As I write the Pastor's newsletter article for June 2017, I find myself surrounded by all kinds of reasons for new concerns and new challenges in my life; many as a result of the unexpected and sudden death of my beloved husband Jim on (April 24, 2017). Jim and I shared the better part of 40 years building our life and love relationship, sharing our deep-passion to serve God and others; together. As is understandable, I am deeply saddened by this sudden loss!

My life feels much like this fable: "Imagine you are in a wide-open field being chased by a vicious tiger. Your brain gets the emotional abrupt message; your adrenal gland starts pumping furiously, as your physical body prepares you for instant flight. You run for your life, in hope of your imminent survival; as the world around you friends and foe look on. You're sure, you are breaking the world record for the fastest run meter race, as you run; and then, suddenly you realize you've burn up all your excess adrenalin; you're now exhausted. Now what? Who will be there for you? What happens next? Where do you go from here...How will you make it?"

In 2 Corinthians 12:9, we read the elegant and wise words of the Apostle Paul, "*But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.*"

Scripture clearly states, we are to live in God's power and strength and not our human strength. Therefore, we are not to live our life in a state of anxiety and fear; running around aimlessly concerned. It depletes us; it can be depressing and disheartening; it wears us down. Perhaps, some of you know what I'm talking about...Perhaps; you have personally experienced some of these same emotions in your life. When we react to life and find ourselves in a state of fear, worry, or anxiety? We cannot think clearly. It stresses us out. It upsets the chemical balance of our body, which in turn, eventually causes us to pay dearly; through sickness or physical exhaustion. *Fear, Worry and Anxiety* is a killer. Therefore, in our weakness, we must trust God!

Some years ago, I created "five positive don'ts" on living life without...*Fear, Worry and Anxiety!* I won't say, I've always applied them, but I am now trying to use them and establish positive boundaries of more giving and receiving; at this time in my life. Together, God will sustain us, as we together build on all of life's new challenges. Together, we will be all God desires for us!

So, starting today, let's all pull together and help one another put God's love, mercy and grace into action: Let's all together move *past...*All our *Fear, Worry and Anxiety; Together!*

1. *Don't ignore your well-being.* Discipline yourself to live a well-balanced life: Make it a priority to get proper nourishment, exercise, rest, and a daily dose of God's Word! Proverbs 1:7 says, "*The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.*"
2. *Don't (repress) your feelings.* Learn how to share them with a trusted friend. Remember negative emotions (bottled-up) cause us worry and anxious feelings; our feelings can be fickle. God's desire is for us to use what I call the FROG method: *Fully Rely On God!* "*Now faith is confidence in what we hope for and assurance about what we do not see*" Hebrews 11:1.
3. *Don't ignore your physical health.* Develop a well-balanced diet, and get plenty of vigorous physical exercise which, among many other benefits, helps burn up excess adrenalin. Proverbs 19:21 states, "*Many are the plans in a person's heart, but it is the Lord's purpose that prevails.*"
4. *Don't ignore your need for social contact.* God created us to be in relationships with others. When Jesus walked upon this earth; His ministry involved relationship with the twelve disciples and others. Jesus also had close relationships with Peter, James and John, as he did with his friends, Mary and Martha and Lazarus. Proverbs 22:17-19 states, "*Pay attention and turn your ear to the sayings of the wise; apply your heart to what I teach, for it is pleasing when you keep them in your heart and have all of them ready on your lips. So that your trust may be in the Lord, I teach you today, even you.*"
5. *Don't ignore your spiritual life.* Learn to trust God with every area of your life, and live in harmony with God's will and follow Christ's example: "*And Jesus increased in wisdom and stature, and in favor with God and man*" Luke 2:52. *While on this earth Jesus developed intellectually, physically, spiritually, and emotionally; Jesus is our perfect model and example!*

I'll close with this prayer: Lord Jesus, please help us to trust You for the new challenges of our life; the new normal. Help us not to worry or be anxious. Help us to purposefully follow You every day. Help us Lord to trust You every day for all our needs whether they are big or small. Lord, help us to experience Your peace, a peace that surpasses all human understanding, a peace that can only come from YOU! A peace that sustains us, no matter what circumstances, we may face....Thank You Lord for hearing our prayer....Gratefully in Jesus' Name....Amen."

With Much Love, Appreciation and Blessings,

Pastor Betty

PASTOR BETTY HELMS RETURNS SUNDAY the 4th

TO THE PULPET!

Let us rejoice and show support of our beloved Pastor Betty by attending worship this Sunday June 4. We will celebrate her return with a good old ***New Hope Family Covered Dish***. Please bring your favorites with more to share. Marge Furmage and the Fellowship Committee are in charge of this part. Betty respectfully requests that you hold off approaching her until after the service when she will have more time and flexibility to speak. It is also **Pentecost Communion**. See you there!

Laurel Ridge Church Camp Kids Fishing Day Out

Saturday, June 10



From Scarlett Dowdy, Camp Program Manager:

Saturday, June 10th, Laurel Ridge is inviting all children to the mountain for an afternoon of fishing on the summer camp lake. We hope you can come and bring any number of children from your congregation and beyond. The waterfront will be open for swimming, as well. Summer camp tours will be offered, especially for children considering their first camp experience.

Come as early as 1:00. Laurel Ridge will have some fishing gear, but bring your own, as well. Feel free to bring a hotdog supper to roast. (Laurel Ridge summer staff will provide fires for the groups.)

Reservations not necessary. (But it would be nice to you're coming. Please send a reply to scarlett@laurelridge.org, 336-601-3034)

In addition to providing an afternoon in the outdoors, this is a great way to excite the children for the upcoming camping season.

Hope to see you on the mountain!

College Age Moravians & Friends

GRILL & CHILL

College Age Sunday August 6th, 4:00-6:00pm

Friedberg Moravian Pavilion

2178 Friedberg Church Rd, Winston-Salem, NC 27127



Join us for food, games, fellowship, and songs as we gather to celebrate the summer and kick off the new school year!!!



Questions? Email amy@moravianbcm.org



Canning Season is Here for Bazaar Goodies!

Please drop off any used or new jelly (8 oz.), pint, half-pint or quart canning jars and reusable jar lid rings in the designated box near the church office. Some are already canning for the bazaar this year. Examples are: salsa, beets, jellies and apples.

Many Thanks!!

Defibrillator is on Site in the Vestibule Now !!!!

We are so pleased that we now have a defibrillator on site at our church. It is hanging prominently on the wall in the vestibule. Approximately 10 members came to be taught or refreshed on CPR and how to use the AED Machine. On Wednesday, July 19 a representative of EMS came and demonstrated how easy it is to use this life saving machine. Defibrillators are used in conjunction with CPR. The machines can also be used on all ages and sizes including preschoolers. For more information and to line up trainings elsewhere contact Craig deBlois.

Mission And Outreach



Let's Hear it For Healthy Snacks!

Mission Committee STILL SUPPORTING ECCCM's Student Hunger Prevention Program

One of our goals for this summer is to focus on healthier food for children at snack time. The food assistance program at ECCCM wishes to supply families with children grades K-12, Parents as Teachers Program and Early Head Start Programs with healthy snacks through their Student Hunger Prevention Program.

Please pick up and bring any of the following to the church collection basket: Trail Mix, Dried Fruits, Graham Crackers, Breakfast Bars, Nutella Snacks, Baked Chips, Pop corn (individual), Fruit cups (mandarin oranges, applesauce, NOT mixed fruit), Ritz cracker cheese snacks, Cheese-its, Gold Fish, Squeezable Fruits. There are still lists on the table next to office.

School Supply Collection for North Newton Elementary

The Mission Committee's other project for the summer is to help collect supplies for set age groups. This school is in high need now. Please pick up sheets for one or more grade levels in the vestibule. Bring items back to the church.

“THE ONWARD” MORAVIAN MISSION NEWSLETTER

Please put this in your search engine to read all about what’s happening around the word:

<http://moravianmission.org/aug-2017-onward/>



NEW HOPE SUMMER CAMP!!



Tuesday - Thursday 8:30-11:30

Lunch Bunch 11:30-12:15

Ages 18 mo. - 10 yr. old

Ends August 17

Our building is full of very positive and happy kids in the summer. This is good stewardship of the gift of this lovely place of worship.

Preschool Advisory Board

Margaret Schultz serves as Chair of the CMO/Preschool Advisory Board. Other members of the board include Pam Prevatte, Shannon McDonald, Malissa Bumgarner, Nancy Miller, and Jennifer (Jenn) Morris, Preschool Director.

This committee meets quarterly to discuss the program’s well-being.

If anyone else is interested in this Board, please contact Margaret Schultz

Our next meeting is scheduled for Thursday, August 10th at 7:00.

Thank You Notes And Gratitude's

Dear New Hope, (New Members)

We both feel blessed to officially become part of this congregation. The New Hope family has welcomed us with open arms and hearts. The great food and Christian fellowship at the New Member Reception was such a unique way to celebrate this occasion. Thanks for the kindness.
In Christian Love, Roberta Frazier and Pam Gilbert

Dear New Hope family,

Thank you for the many kindnesses shown our family and me at the death of my husband Jim. The delicious food sent to us days before and following Jim's funeral was so appreciated. It allowed us as a family to share meals together. Some of our family was from out of town and that gave them more time with us. The many cards sent and the phone calls received have brought me such comfort. I ask that you continue to pray for me and our family.

Cheryl

Dear Ladies, (Cheryl's other letter)

Thank you so much for the delicious meal you prepared for Harvey and me during a busy week when Harvey and me when evening meal prep times were limited. Harvey appreciated not having to cook for himself while I was tied up at church. Thank you also for the prayers and concerns during his procedure and recovery. It was very successful and we thank God for that. We also thank God for all of you and the blessings you are to us. We love you all.
Phyllis and Harvey Little

Dear New Hope,

Your thoughts and prayers were greatly appreciated. (surgery) Thanks for the meals, visits and concern. This church family really does "pass it forward".

Pam Gilbert

The Following Agencies Have Acknowledged the Following Donations:

Eastern Catawba Cooperative Christian Ministry:

Volunteer Hours:

Summer Snacks:

American Red Cross- Day at New Hope, July 25

Collected: ???????

Children's Advocacy & Protection Center of Catawba County-

Special program- Pinwheels Against Child Abuse. Church members participated with our Preschool by donating towards pinwheels to be placed at the Zara Baker All Children's Playground. After they were done at the Zara Park ours came back to New Hope and were placed on the grounds to show a visible sign that we are serious about abused and neglected children. Total donation collected from Preschool & church: \$120.00

Please consider participating in this awesome event to be held in Winston this summer. Evening concerts are known to be worth the trip in to town. Carpooling can be arranged



25TH
MORAVIAN
MUSIC FESTIVAL

Concerts
Workshops
Fellowship
Worship

Home
Moravian
Church
and Williams
Auditorium

JULY 23-29, 2017 ♪ **WINSTON-SALEM**

Celebrating a rich musical heritage!
Music, both historic and newly composed!



Music Leaders:
John Sinclair, Chris Wormald
Deborah Rice, Anne Saxon, Beth Juran
Donna Rothrock, Allen Frank, Joni Roos
Mary Wilson, Jonathan Sidden



Chorus
Handbells
Concert Band
Chamber Music
Trombone Choir
Children's Choir

All ages (adult, youth, children) and skill levels are welcome, from beginner to director, Moravian and non-Moravian.

Pray Every Day August 2017

1. Our faith is the victory that conquers the world. Pray for traveling mercies for Alaska team returning today.
2. I am the Lord, who made all things, who alone stretched out the heavens. Pray for Phil, Eunice, Ian, and Hannah Raiford from MX visiting in NC during August.
3. Trust in the Lord forever, for in the Lord God you have an everlasting rock. Pray for Steve & Ann Marx serving with MAF in Nampa, Idaho.
4. May God grant that you may be strengthened in your inner being with power through his Spirit. Pray for the Antioch servants and Jill Kolodziej, Director.
5. Do not quench the Spirit. Do not despise the words of the prophets. Pray for Rob & Anne Thiessen, MX.
6. Sunday. The Lord is good to all, and his compassion is over all that he has made. Pray for the Woo family.
7. God reveals deep and hidden things. Pray for Justin Rabbach and Weldon Harris traveling to Haiti.
8. Go out to the roads and country lanes and compel them to come in so that my house will be full. Pray for Ed Dehnert and Barb Weide, Alaska Bible Seminary, Bethel, AK.
9. The Lord gives wisdom; from his mouth comes knowledge and understanding. Pray for Alas de Socorro (Wings of Mercy) in Honduras.
10. O taste and see that the Lord is good. Pray for the Moravian Volunteer Resources and Moravian Disaster Response.
11. God was entrusting the message of reconciliation to us. Pray for Drs. Bill and Peggy Hoffman with HIV/AIDS ministry in Tanzania.
12. You are God and your words are true. Pray for Michael, Cecilia, Blessing, and Love Lydia Tesh, serving at the Ray of Hope orphanage in Kenya
13. Sunday. The Lord is near to the brokenhearted, and saves the crushed in spirit. Pray for Michael and Brenda Brent serving with Campus Crusade in Croatia.
14. Take good care to love the Lord your God, to walk in all his ways. Pray for Charlie & Vickie Brent and Family serving with Bridges International in campus ministry in TX.
15. In distress you called, and I rescued you. Pray for Kevin & Charity serving the Magi People in the Middle East.
16. Let justice roll down like waters, and righteousness like an ever flowing stream. Pray for Dr. Louis and Susan Sutton serving with WEC (World Evangelization for Christ).
17. Many are the afflictions of the righteous, but the Lord rescues them from them all. Pray for Dusty & Christin Harrison (www.greekiv.org).
18. With joy you will draw water from the wells of salvation. Pray for Safiatu and Mohamed Braima from the Mission area of Sierra Leone visiting in N.C. for a few months.
19. Blessed be the God and father of our Lord Jesus Christ! Pray for Brian & Heather Marx (Bmarx@maf.org) with MAF In Indonesia.
20. Sunday. Once you were in darkness, but now in the Lord you are light. Pray for children and families participating in the Children's Festival at Friedberg.
21. The Lord will not reject forever. Pray for Ruth Snyder and Claire Wilson with "Changed Choices."
22. If you belong to Christ, then you are Abraham's offspring. Pray for the Mission Areas of Sierra Leone and Peru and the Cuba Mission Province.
23. All authority in heaven and on earth has been given to me. Pray for the peace of Israel and the Jewish people.
24. If riches increase, do not set your heart on them. Pray for Annie B. Mission with Star Mountain in Palestine.
25. Look into the welfare of your brothers. Pray for Western Tanzania mission outreach to Kenya, Uganda, Rwanda, and Burundi.
26. Grant to your servants to speak your word with all boldness. Pray for Moravians in Albania, the most atheistic country in Europe.
27. Sunday. If you do not stand firm in faith, you shall not stand at all. Pray for the advisory board of the Unity Women's Desk.
28. Jesus Christ, who though he was in the form of God did not regard equality with God as something to be exploited. Pray for Phil and Ashley Sineath in Campus Outreach.
29. If one sins against you seven times a day, and turns back to you and repents, you must forgive. Pray for Joe Jarvis, the Armando Rusindo Mission Foundation, and the Cuban Moravian Church.
30. He is the living God, in doing forever. Pray for Moravians serving in disaster relief in North Carolina.
31. All who forsake you will be put to shame. Pray for the 16 Mission Areas and 5 Mission Provinces of the Moravian Unity.



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